

Relationships & Sex Education

March 2021



Agenda

- ▶ Welcome and introduction
- ▶ Why we teach Relationship and Sex Education (RSE)
- ▶ What is “A Journey in Love”?
- ▶ How will it be taught in St. Finbar’s school?
- ▶ What will my children be learning about?
- ▶ Can I withdraw my child from RSE lessons?
- ▶ Opportunity to look at the materials and ask questions
- ▶ Reflection and feedback

Why do we teach RSE?

Why we teach RSE

- ▶ Relationships and Sex Education (RSE) is the life-long learning about physical, moral social and emotional development
- ▶ It is the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care
- ▶ It is also about the teaching of sex, sexuality and sexual health
- ▶ The teaching of RSE comes from “A Journey in Love”

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. These shapes are primarily located on the right side of the frame, creating a modern, layered effect. The rest of the background is plain white.

What is
A Journey in Love?

What is *A Journey in Love*?

The central message of the Christian faith is love.

The central message of our RSE teaching is love.

“My commandment is this: love one another, just as I have loved you”

John 15:12

What is *A Journey in Love*?

- ▶ *A Journey in Love* is a resource created by Sister Jude Groden of BRES.
- ▶ It is the recommended programme of study for Catholic schools for Sex and Relationship Education, and has been written as a progressive scheme of work that supports the Religious Education, PSHE and Science curricula taught within the school. It is approved by the Council of Catholic Bishops of England and Wales.
- ▶ Throughout *A Journey in Love*, an aspect of the mystery of love is focussed upon in each group, children and young people are encouraged to marvel at the wonder and beauty of God's creative love.

What is *A Journey in Love*?

- ▶ This is reflected in each stage of a person's growth in the Primary Years through a series of suggested, progressive and developmental tasks, activities and reflections which focus on physical, social, emotional, intellectual and spiritual development.
- ▶ As with all aspects of learning, children are naturally curious and many will have questions related to their lessons. Opportunities to discuss questions form part of the lessons and again these are treated with care and understanding.
- ▶ *A Journey in Love* highlights the importance of parental input and children will be told to discuss their lessons at home.

**How will it be taught in St.
Joseph's?**

Programme of teaching

A Journey in Love programme of learning is broken into 4 aspects of human development:

- ▶ Physical
- ▶ Social
- ▶ Emotional
- ▶ Intellectual

Each aspect is then broken down into:

- ▶ Activities
- ▶ Pause & Reflect
- ▶ Prayer

- ▶ **All sessions follow this format**

How will *A Journey in Love* be taught in St. Finbar's?

- ▶ All children in all classes (R – Y6) will be taught RSE
- ▶ Each class will cover the same theme (social, emotional, physical, intellectual) at the same time but at an age-appropriate level
- ▶ The units of work will be taught throughout the year, 1 per term from autumn 2 onwards
- ▶ All themes relate to the Come and See (RE) and science curricular
- ▶ A portfolio of your child's learning will be kept throughout their time in school

**What will my child be learning
about?**

Early Years Foundation Stage (EYFS)

Children know and understand that God has made them unique and that although we are all different we are all special to him.

Examples of EYFS activities:

- ▶ A graph of eye colours
- ▶ Why was I given my name?
- ▶ Who are my friends?
- ▶ I grew for 9 months in my mummy's womb, Jesus grew for 9 months in Mary's womb.

Year 1

Children know and understand that they are growing and developing as members of their own family and God's family.

Examples of Year 1 activities:

- ▶ Draw a picture of my family
- ▶ How old was I when I learned to crawl, speak etc.
- ▶ How can I help at home?
- ▶ We are members of God's family

Year 2

Children know and understand that they are growing and developing in a God-given community.

Examples of Year 2 activities:

- ▶ What is community?
- ▶ Explore school as a community
- ▶ How can we contribute to the community?
- ▶ As children of God, how should we help each other?

Year 3

Children know and understand the virtues essential to friendship e.g. loyalty, responsibility and experience the importance both of forgiving and being forgiven and of celebrating God's forgiveness.

Examples of Year 3 activities:

- ▶ Who cares for me at home, school, parish, community?
- ▶ How do you keep safe?
- ▶ How do you take care of others?
- ▶ How do you feel if a friend is not there for you or you are not there for them?
- ▶ How can I forgive and include others as Jesus did?

Year 4

Children know and understand that they are all different and celebrate these differences as they appreciate that God's love accepts us as we are and as we change.

Examples of Year 4 activities:

- ▶ Recognise all pupils grow and develop at a different rate
- ▶ Name male and female body parts
- ▶ Identify the development of the baby in the womb
- ▶ How do I appreciate my own and others gifts, talents, achievements and all that makes us unique
- ▶ St Paul's teaching on love

Year 5 and 6

Children know and become aware of the physical and emotional changes that accompany puberty- sensitivity, mood swings, anger, boredom, etc. and grow further in their understanding of God's presence in their daily lives.

Examples of Year 5 activities:

- ▶ Identify and celebrate the ways I have changed since birth
- ▶ Discuss the external and internal changes which happen to boys and girls in puberty
- ▶ Recognise behaviour changes as we grow up
- ▶ Children share their understanding of change through poetry, prayer, art etc.

Can I withdraw my child from the lessons?

Can I withdraw my child from the lessons?

- ▶ Yes
- ▶ You may withdraw your child from any aspect of the programme **ALTHOUGH ...**
- ▶ Your child cannot be withdrawn from those elements of the science or RE curricular which are statutory
- ▶ The intent to withdraw must be put in writing and addressed to the Head teacher. If no written intent is provided it will be assumed that your child will take part in all RSE learning

Time for talk

Take the opportunity to look at the resources and to ask questions

Reflection and feedback