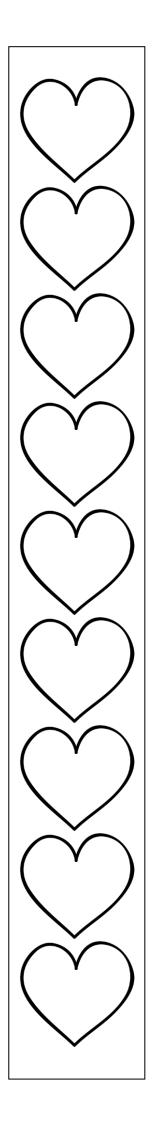
God loves us in our differences



Name:

Keywords...

God, gifts, talents, difference, development, change, male, female, body parts, conflict, appreciate, celebrate, achievement, sensitivity, respect.

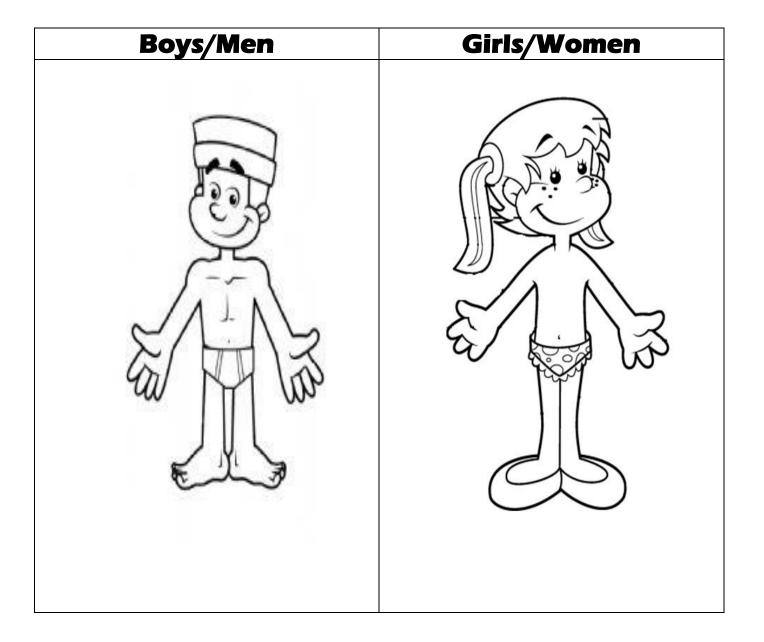
PHYSICAL: How am I different from others?

How is my body physically and emotionally different from others?

Draw yourself and explain how you are emotionally and physically different from one person you know.							

How are boys and girls physically different from each other?

Can you colour the private areas on the pictures below?



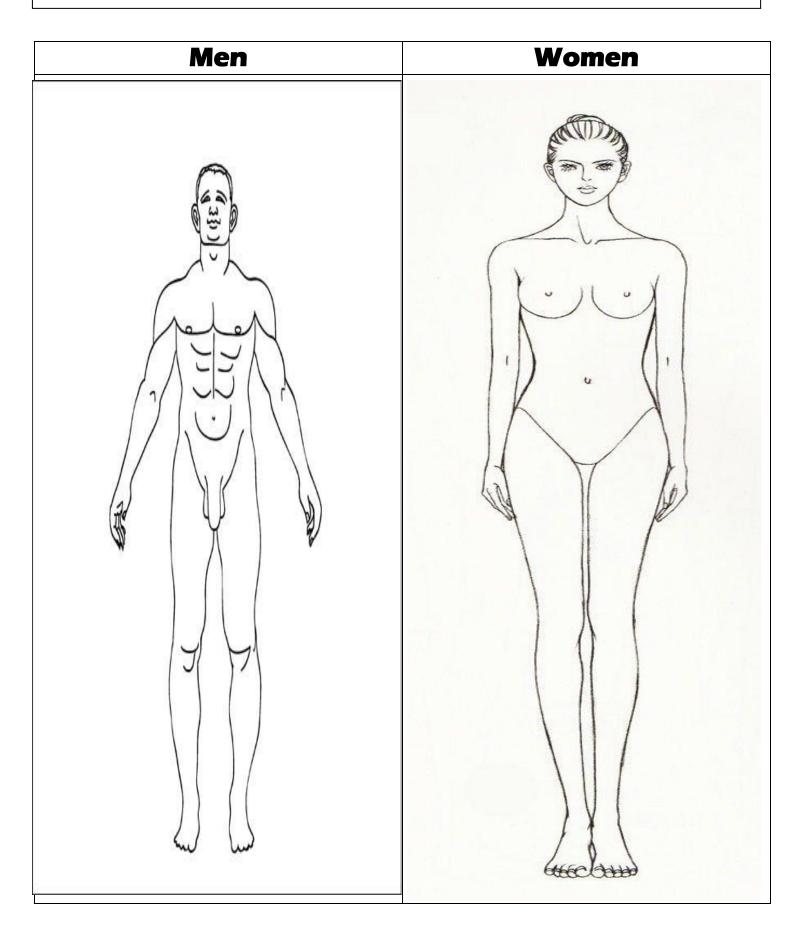
Is it ok for a stranger to touch us on our private areas?

Who may need to touch us on our private areas and that is ok?

If we are worried about someone touching us in our private areas, who do we talk to?

How are men and women physically different from each other?

In the boxes below label the differences in their bodies.



KEY WORDS: Penis, Vagina, Breasts, Ovums, Scrotum, Testicles,

Man, woman, boy or girl... We are unique... We accept ourselves and each other.

Let us pray...

For the wonder of me,
Thank you Lord.
For the uniqueness of us all,
We thank you Lord.
For the wonder of your love in creating us,
We thank you Lord.

Amen

Relationships



What is the legal age for people to have sex?					
Why and when do adults have	/e sex?				

Development of a baby in the womb

Write the correct stage of pregnancy in each box.

Conception Week 8 Week 10 Week 20 Week 30 Week 40

The embryo is now called a foetus and has human features

The foetus has defined fingers and toes and begins to grow hair, eyelashes and nails

The foetus is fully developed and ready to be born, it is about 50 cm long and about 3.5kg

The foetus is 30cm long and the brain is very active. The foetus sleeps and wakes at regular intervals

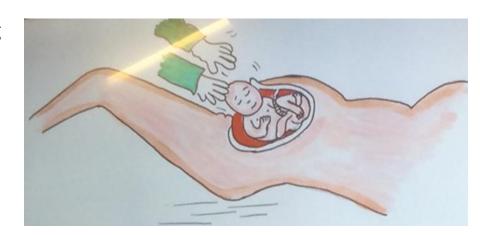
The foetus is 7 cm long and has all body parts are in place

The different ways a baby is born



Describe what is happening in this picture

Describe what is happening in this picture





Describe what is happening in this picture

KEY WORDS

Caesarean C-Section Cervix Natural Birth

Puberty, Penises and Periods

Puberty is when we change from a child to a young person.

Where does hair grow during puberty?

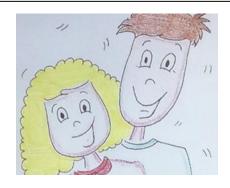
During puberty, we start to sweat more which can make us smell. What must we remember to do daily?

Mads, Sads or Glads

Some of the changes we can't see. These are called feelings or emotions.

How can we support people during puberty? How can people support us during puberty?

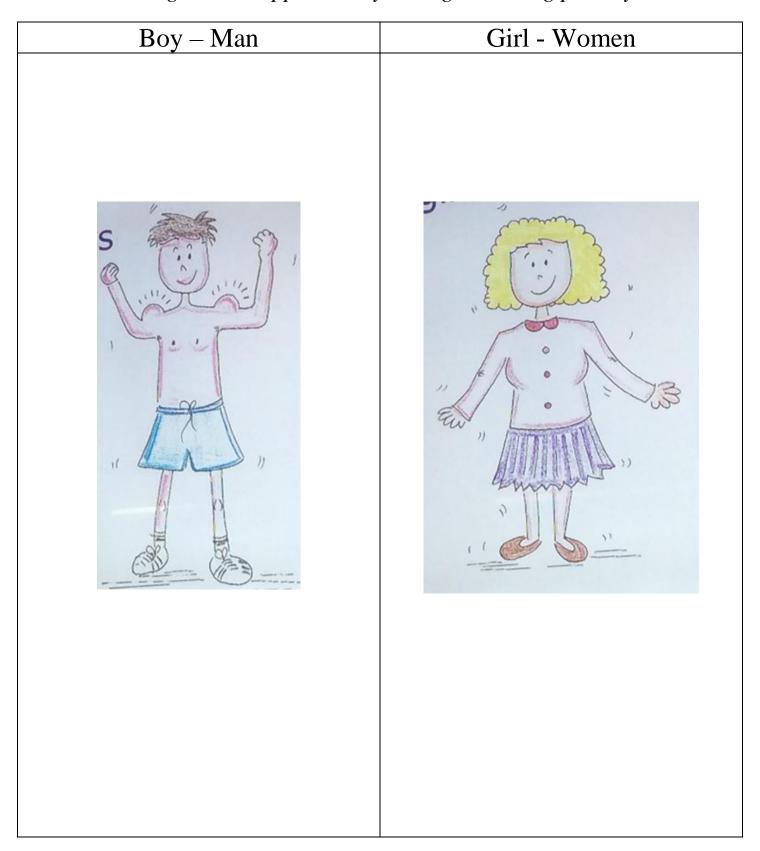






Changes made during Puberty

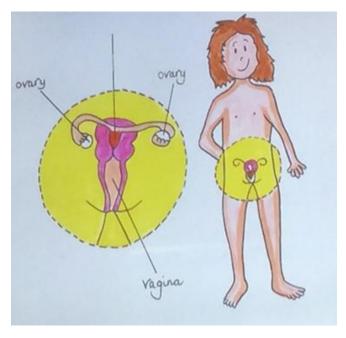
Label the changes that happen to boys and girls during puberty.



KEY WORDS -

Muscles, Breasts, Penis, Testicles, Genitals, Hips, Wet dreams, Periods

Puberty changes just for girls



A girl's period will start at varying ages. Usually between the age of 12 and 14 years old. However some girls will start as early as 8 years old or as late as 16 years old.

What is the scientific word for a girl's period?

How often does a period occur?			
Why does a period occur?			

Girls usually use pads to soak up the blood during a period. It is nothing to worry about, usually it is only 2-4 teaspoons of blood each month,

Don't forget every adult you know has been through puberty, so if you are worries, ask a Parent or Carer, or there is always someone in school you can talk to/

Remember who your trusted adults are.