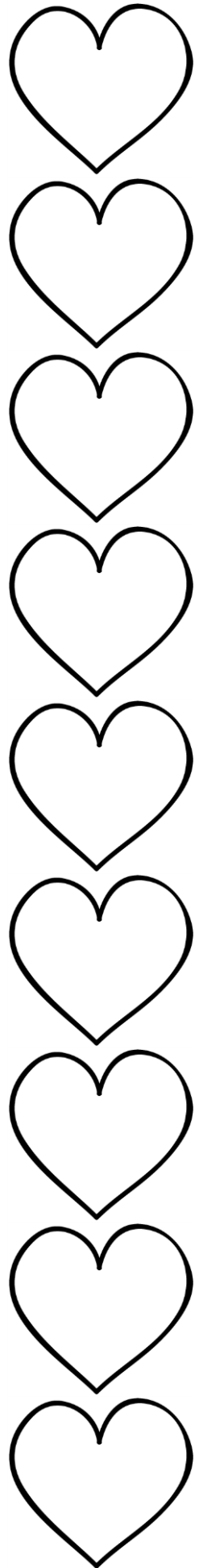

**God loves me
as I grow**

Year 5

Name:



PHYSICAL: How have I changed since birth? How is my body changing?

How is my body physically and emotionally changing?

Physically BOYS...

Physically Girls...

Emotionally BOYS...

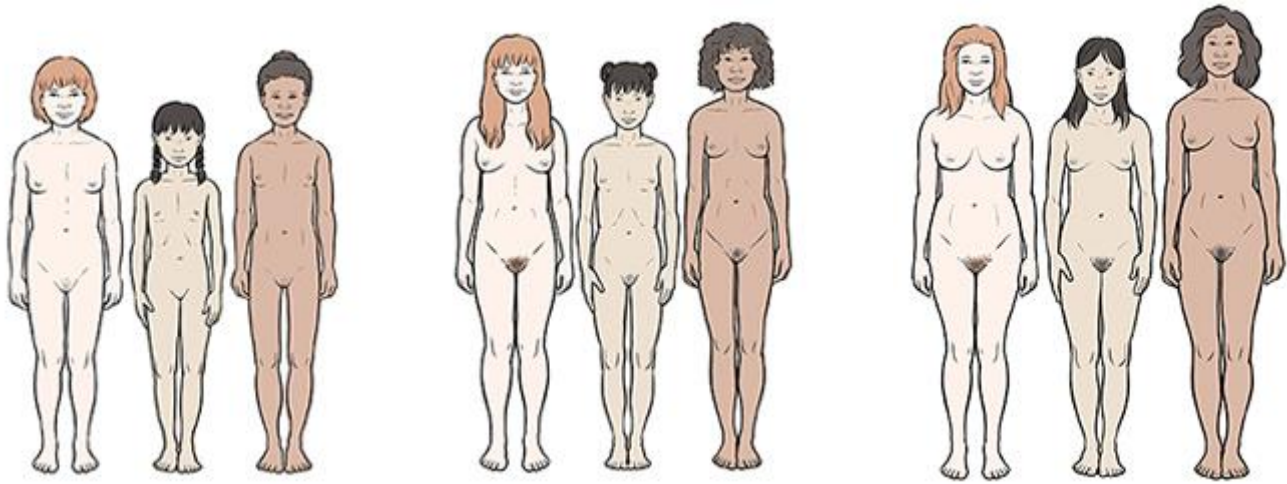
Emotionally GIRLS...

Loving Lord, Help us to respect and take care of each other better as we
continue to change and grow.

How am I changing?

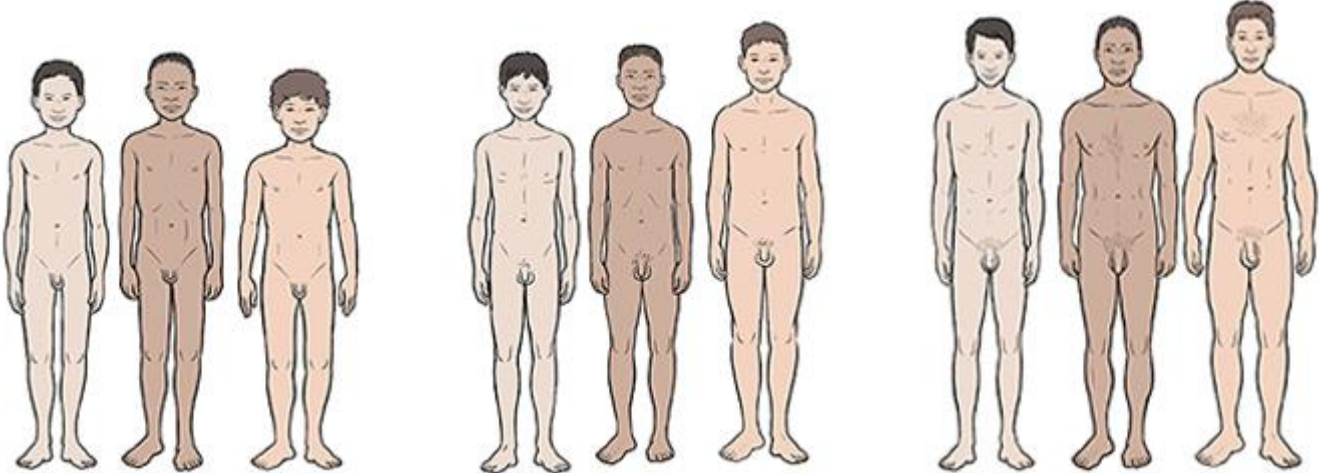
| | |
|-------------------|--------------|
| Newborn | I could... |
| 1-4 years | I used to... |
| 5-8 years | I used to... |
| 9-12 years | Now I ... |

Check out the changes girls! These 3 girls have developed at different rates from childhood to adulthood



What's changed?

Check out the changes boys! These 3 boys have developed at different rates from childhood to adulthood



What's changed?

What's going on inside boys?

In boys

Sperm duct

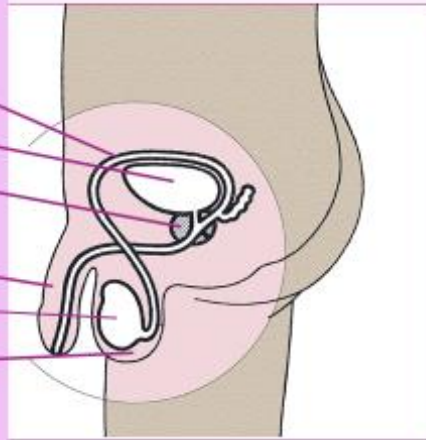
Bladder

Prostate gland

Penis

Testicle

Scrotum



9 A Journey in Love - Year 6



What's going on inside girls?

In girls

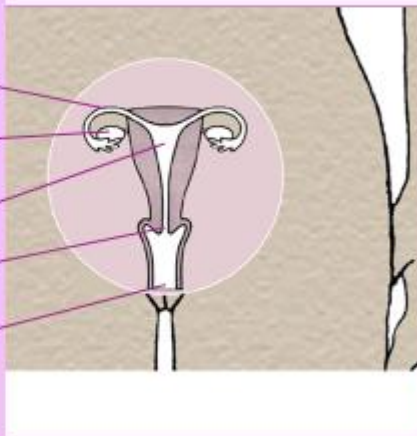
Fallopian tube

Ovary

Uterus (womb)

Cervix

Vagina



10 A Journey in Love - Year 6



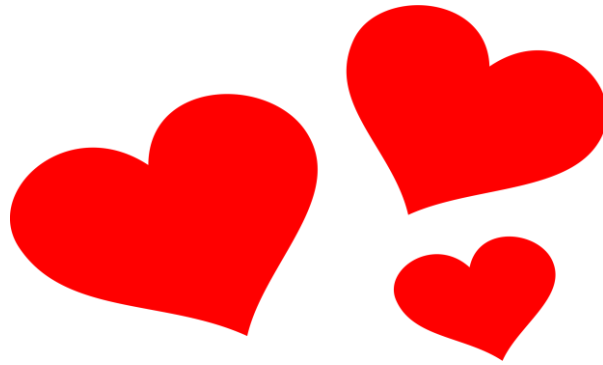
Your sex or gender (whether you are a girl or boy) depends on which genitals you have.



Occasionally people feel that their sex at birth does not match up with the gender they feel they are on the inside. You may have the genitals of a male, and be called a boy, but not feel like a boy on the inside. You may have the genitals of a female, and be called a girl, but not feel like a girl on the inside. **We call this transgender.**

Relationships develop and eventually you may be able to use the word 'love'.

Real love reveals itself in complete commitment. **Love is caring and sharing with another person.** We can love many people. However, two people can be drawn to a love that at its deeper levels becomes more and more exclusive.



Love can be between a man and a woman

Love can be between a man and a man. **This is called gay.**

Love can be between a woman and a woman. **This is called lesbian.**

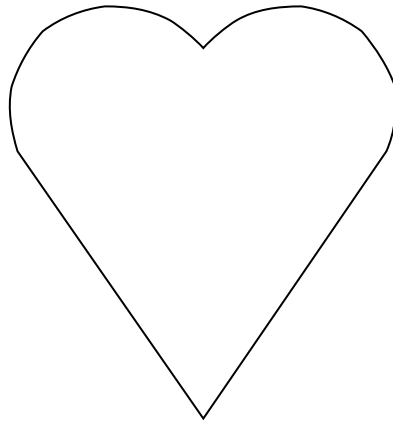
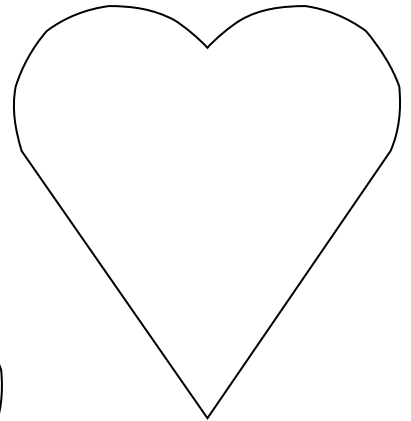
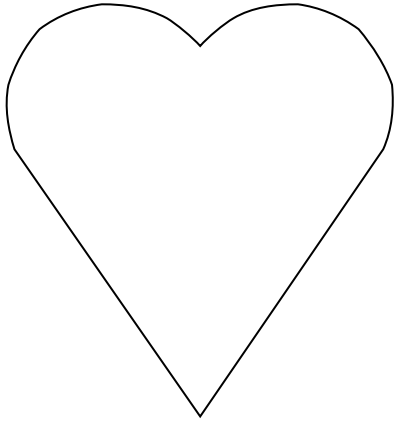
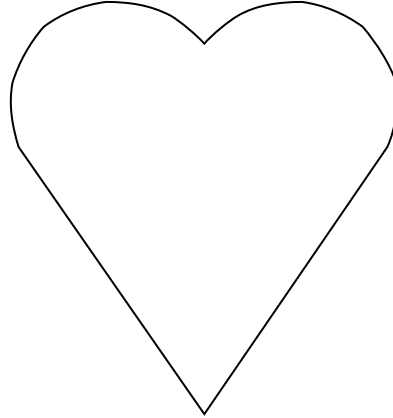
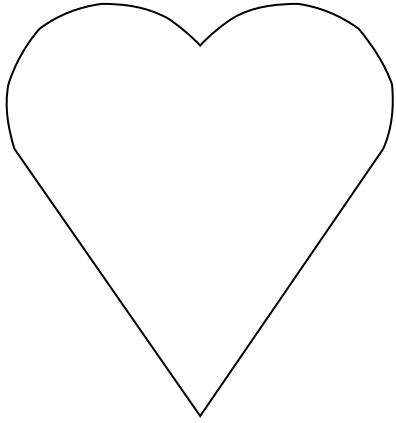
Prayer

*Source of Love,
help us to love and respect each other
and enjoy the beauty of happy
friendships.*

Amen.

27 A Journey in Love - Year 5

What signs of love do you see in people around you?



Prayer

*Jesus, our friend
and brother,
embrace in your love
all our friends.*

Amen.



Special relationships need time to develop and mature. Ultimately the couple may decide to get married.

Sexual intercourse between husband and wife is a joyful expression of their love for each other.

It is an act of self-giving made by two people who want to give of themselves to the person they love and respect.



When a couple want to make a baby the normally go somewhere cosy and private like a bed. The man's penis becomes stiff and is placed inside the woman's vagina. Soon, millions of sperm cells are released when the man ejaculates.

Each sperm cell has a long tail that it uses to swim through the cervix, into the uterus, and eventually into the wife's fallopian tubes in search of an ovum.

This is called 'having sex' or 'making love'

People usually only make love with someone they:

L.....

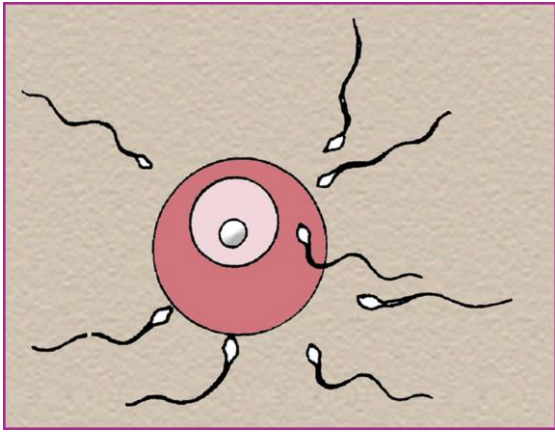
C..... F.....

T.....

R.....

****No one should ever make someone have sex if they don't want to, this is against the law.***

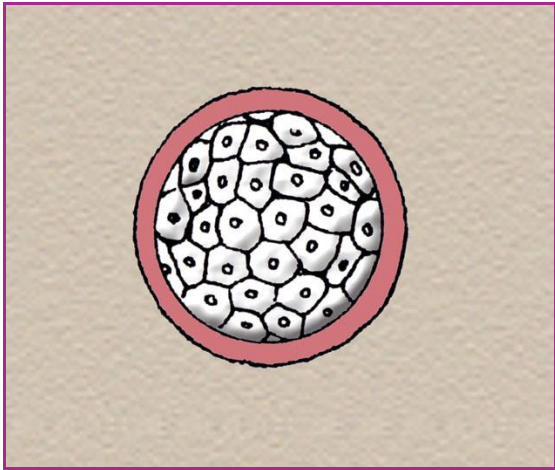
****The legal age for consent (the age people can have sex) is***



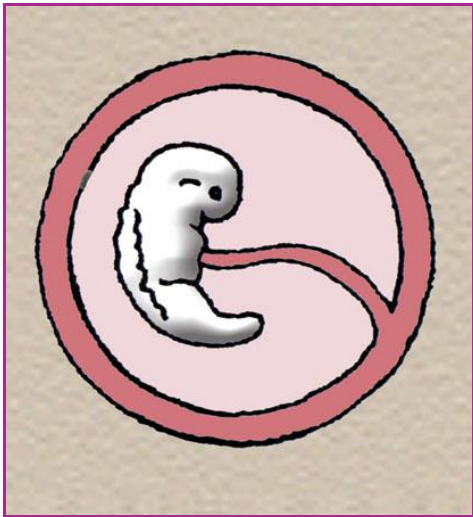
How many sperm cells may reach the egg?

How many sperm cells does it take to fertilise the egg?

What is this called?



What has happened to the cells?

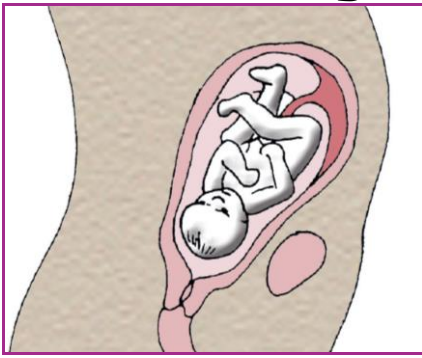


After 8 weeks.....



After 16 weeks.....

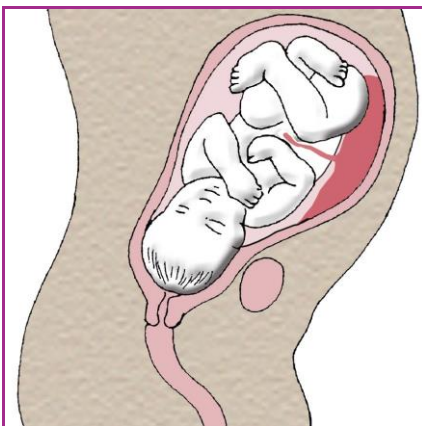
Match the diagram to the description



After 28 weeks, the baby's kicks are quite strong and can be felt by putting a hand on the mother's stomach.



After 36 weeks, the baby has taken up its final position in the uterus. Its lungs are getting ready to take their first breath.



After 24 weeks, the baby can hear voices and other sounds from outside its mother. It has some hair and eyebrows and eyelashes. Its skin is very wrinkled.

The baby continues to get fatter. Sometime after 36 weeks, the baby's head is positioned ready for birth.

The baby could arrive any time between the _____ and _____ week of pregnancy.

SOCIAL: How does my behaviour change as I grow up? What do I need to do to show I care for myself and for others as I grow up?

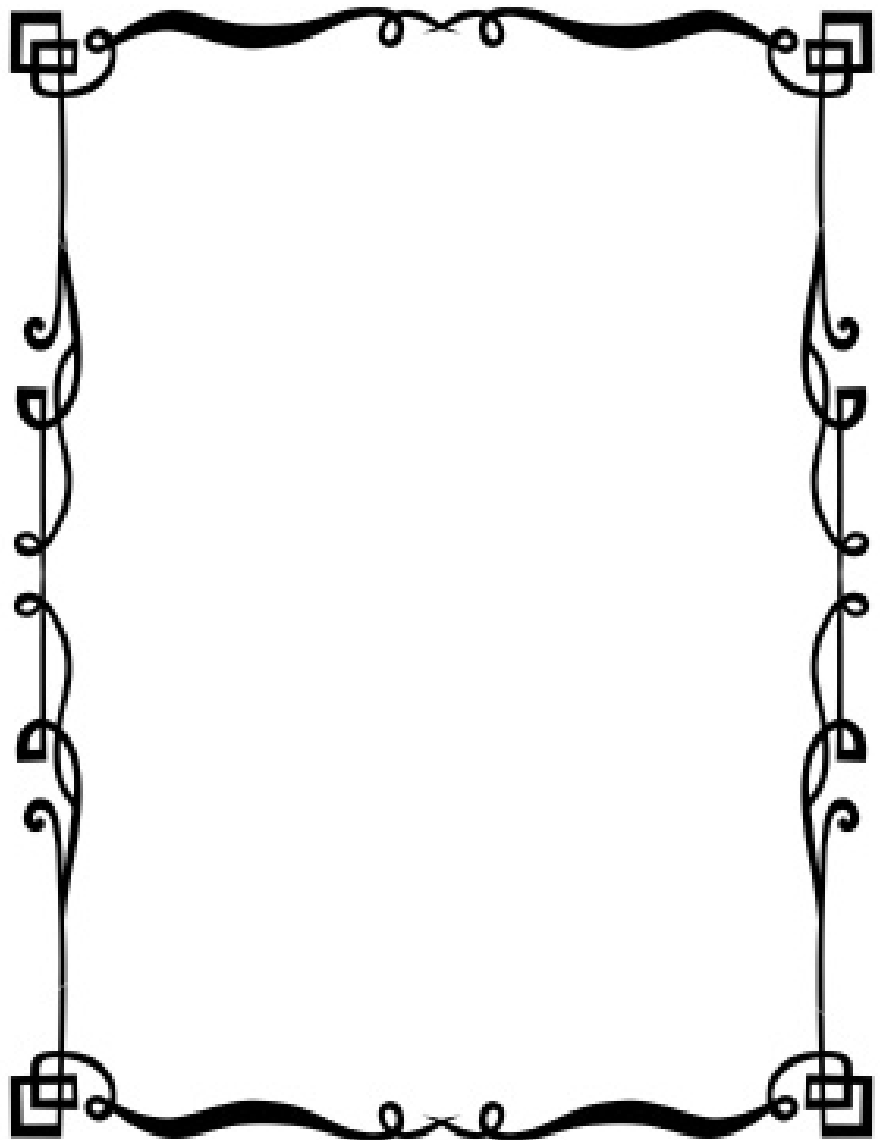
| Caring for Myself | Caring for Others |
|--------------------------|--------------------------|
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To live is to change and to be perfect is to have changed.

EMOTIONAL: How do I help others emotionally? How do I take care of my own emotions?

Emotional
Words...

My Emotional Promise



Thank you God for all your gifts
Amen.

INTELLECTUAL: Can you recognise how you think differently about others and the world in which you live?



Create a poem/song/rap about stopping and thinking before you act

The Story of Saul who changed his name to Paul

Meanwhile, Saul was still breathing out murderous threats against the Lord's disciples. He went to the high priest² and asked him for letters to the synagogues in Damascus, so that if he found any there who belonged to the Way, whether men or women, he might take them as prisoners to Jerusalem.³ As he neared Damascus on his journey, suddenly a light from heaven flashed around him.⁴ He fell to the ground and heard a voice say to him, "Saul, Saul, why do you persecute me?"

⁵ "Who are you, Lord?" Saul asked.

"I am Jesus, whom you are persecuting," he replied.⁶ "Now get up and go into the city, and you will be told what you must do."

¹⁰ *In Damascus there was a disciple named Ananias. The Lord called to him in a vision, "Ananias!"*

"Yes, Lord," he answered.

¹¹ *The Lord told him, "Go to the house of Judas on Straight Street and ask for a man from Tarsus named Saul, for he is praying.¹² In a vision he has seen a man named Ananias come and place his hands on him to restore his sight."*

¹³ *"Lord," Ananias answered, "I have heard many reports about this man and all the harm he has done to your saints in Jerusalem.¹⁴ And he has come here with authority from the chief priests to arrest all who call on your name."*

¹⁵ *But the Lord said to Ananias, "Go! This man is my chosen instrument to carry my name before the Gentiles and their kings and before the people of Israel.¹⁶ I will show him how much he must suffer for my name."*

Lord, open my ears that I may clearly hear your voice. Help me to stay so close to you that I will never have to wonder if your voice is truly coming from you. Help me to feel your joy even if the circumstances become difficult.

What have you learnt that you didn't know before?

Concluding prayer

*Grant me the serenity to accept things I cannot change;
courage to change the things I can, and wisdom to know the
difference. Amen*